

SPWP News



This month's meeting will be held February 14th, 2019 at the Norris Conference Center, beginning at 7:30 a.m.

Please respond to the PunchBowl Invite letting us know if you will be joining us or not. Regrets and RSVPs should be sent to membership@spwp.com via email or the PunchBowl Invite. If you do not RSVP, we may not have the space to accommodate you. If you RSVP yes and do not attend, you will be charged the cost of the breakfast.

Reservations can be made by credit card (MasterCard, Visa or American Express) at the breakfast meeting or via PayPal on our Web site: www.spwp.org.

Please remember to turn cell phones off or to silent during meetings.



PRESIDENT'S NOTE

Hello Ladies,

Welcome to February! We are only halfway into the second month of 2019 and already two of our three committees are hard at work to make this year a successful one for SPWP.

The deadline for our 2019 scholarship applications was February 4th and our Scholarship Committee Co-Chairs, Lauren Jijina and Kara Ellis, are currently in the process of collecting and tabulating all of the application information. If you have signed up for the committee you should have received an update email earlier this week. Grading will begin on February 8th, and the other committee responsibilities – Reference Checking, Greeting, and Interviewing – will come into play once grading has been completed and semi-finalists identified. Stay tuned for updates.

We kicked off planning for our Derricks & Dice Casino Night earlier in February and are well on our way to finalizing a venue and date. We hope to have an announcement on both very soon! Thank you to all who have volunteered for the committee, and to Renee Brown, who stepped up to Chair.

If you are interested in volunteering for either the Scholarship or the Casino Committees please reach out to the chairs for each. We can always use more help for our committees. And speaking of help, once we have confirmed the details of our 2019 Derricks & Dice Casino Night we will need everyone's assistance to market the event to your networks and to obtain sponsors and prizes.

As a reminder, please connect with us on Facebook at the "Society of Professional Women in Petroleum, Houston" as well as on LinkedIn at "Society of Professional Women in Petroleum". This will help you stay updated on our upcoming events, and will also help to grow our social media presence in order to expose our organization to potential new members.

Sincerely,

Erin Stroud

INSIDE THIS ISSUE:

JANUARY MINUTES	2
FEATURED MEMBER	3
FEBRUARY SPEAKER	4
ANNOUNCEMENTS	4

FEBRUARY BIRTHDAYS	4
NEW MEMBER	4
SPWP SCOOP	5
SCHOLARSHIP UPDATE	6

CAREER CORNER	7
MARK YOUR CALENDAR	8
BOARD OF DIRECTORS, COMMITTEES, & CHAIRS	9

JANUARY MINUTES

President Erin Stroud called the meeting to order at 7:34 am on January 10, 2019 at the Norris Conference Center. Erin welcomed all SPWP members and then introduced the 2019 Board of Directors.

Erin asked for a motion to approve the December 2018 minutes as written in the newsletter. Sherry Adams approved and Renee Brown seconded. No one opposed, so the minutes were approved as written.

Erin turned the meeting over to Second VP, Rhonda Bean, for introduction of the January speaker, Suzanne Short, Financial Advisor with Edward Jones.

Erin turned the meeting over to Treasurer, Mary Petricko, to remind the organization regarding membership dues. Membership dues must be paid by February 28th, a late fee of \$25 will be incurred for payments made after March 1st.

Erin went over Committee updates:

Scholarship: Applications are due by February 4th. Members are encouraged to spread the word and share the link to apply for scholarships.

Casino: A tentative date has been set for May 17th, venue to be determined. We are currently in need of Committee Chairs. Several members expressed interest in helping as committee members. Renee Brown volunteered to co-chair the event.

Erin announced the Volunteer of the Month as Becky Lamson for her efforts putting together the games and winner bags for the Christmas Party.

Erin turned the meeting over to First VP, Gina McGinn, to introduce Michelle Muse as a new member, initiated in October 2018.

Erin requested that all members consider submitting 2019 speaker suggestions to the board.

Erin wished a happy birthday to all of the members born in January.

Erin opened the floor to announcements. Renee Brown mentioned finding a box of approximately 1,000 envelopes in storage. If anyone requires envelopes, please do not purchase more, we have a variety in storage if needed.

Erin asked guests to introduce themselves. There were seven guests in attendance.

Erin reminded everyone that our next breakfast meeting is February 14th, 2019 and to like and share SPWP on Facebook and LinkedIn .

The meeting was adjourned at 8:12 am. Some members and guests remained after the meeting to network.

Respectfully submitted,
Suzette Olivan

FEBRUARY FEATURED MEMBER

Jerri Babin

1 How did you get started in the Oil & Gas Industry? *I had a really good friend that had gone to work at National Supply and really loved it and thought I should apply for a job working with her. It was the beginning of the 80's downturn so it was very interesting. I had 8 jobs within National Supply over the next 3 years. I just kept moving to keep ahead of the layoff crew. I learned a lot and in hindsight I really built a big network quickly. Who else moves that much in 3 years!*

2 Area of Specialty (i.e. Sales, Engineering, Accounting, etc.)? *I have had the luxury to work in several groups within the NOV family. Currently I am VP of Sales Enablement for Rig Technology. It is my team's responsibility to make the RT sales organization the best and most efficient it can be. There is a lot of freedom in this area to be creative and try new things. I find it challenging and ever-changing as we use technology to communicate in many new avenues. My experience in Project Management and other roles with NOV have given me different perspectives to view the "sales" world through.*

3 When people come to you for help, what do they usually want help with? *Since I have been around the company for awhile and had the privilege to participate in our Next Generation Program, I am often asked to mentor the next generation of women at NOV. I love that responsibility. As the industry slowly changes, I have seen many of my mentees flourish and have opportunities that were not possible just a few years back. I love seeing others succeed in their careers and in their personal lives. I see these young women as successful career woman and fantastic wives and mothers. It is a struggle, but you can do it all with a little help from others!*

5 Best career advice you've received? *My best advice was to take every opportunity to learn more about our industry. Field trips, seminars and just listening to experienced oilfield hands has proven to be the most valuable lessons I have had in my career. Hands on learning is the best.*

7 Favorite place in the world? *I have had the opportunity to visit so many places in the world that it is hard to pick just one. I love the history of the Middle East and the natural beauty of Italy, but white sandy beaches are always my favorite place to go.*

8 Favorite book or movie? *I love all of John Grisham's books and Steel Magnolias is my favorite movie. I love the strong female characters and it was based on a true story that happened in my college town of Natchitoches, Louisiana.*

9 What hobby would you get into if time and money weren't an issue? *If I had unlimited money and time, I would travel. I love seeing new sights and meeting different people. I also love to read a good book and play with my grandkids.*

10 How did you become involved with SPWP? *I was struggling to find a successful female mentor in my early days in oil and gas. My good friend recommended that I join SPWP as his sister, Joan Kraus, was a member and really enjoyed surrounding herself with the up and coming women in our industry. I was asked to be on the board and it made a huge difference in what I got out of SPWP. I highly recommend that you jump in with two feet. You will receive more from being a member of SPWP than you can ever imagine!*

Photographed from left to right: Jerri with her husband Harry on vacation in New Hampshire and Jerri's grandchildren, Beau, Josie and Max.



FEBRUARY SPEAKER



Brandy is Managing Director & Counsel for GE Energy Financial Services. She represents GE in equity investments, M&A, and project financings for energy assets in the upstream, midstream, wind, and thermal power sectors in the US and Latin America. Brandy is proud to serve on GE's Diversity and Inclusion Council. She is on the Global Advisory Board of the Women in Law Empowerment Forum. Brandy was named to the list of Houston's 'Top 50 Women Law' in 2017, 'Texas Lawyer Top Women in Energy' in 2016, and 'Houston's Best Corporate Counsel' in 2013. She has also been named a Super Lawyer multiple times. She serves as a leader for the GE Women's Network, has taught STEM classes for GE Girls High at Rice University, and has been a mentor and Board Member of the Women's Energy Network of Houston for many years. She has been a member of the Pro Bono College of the State Bar of Texas for over a decade, and regularly volunteers her time as pro bono counsel to foster children in the custody of Child Protective Services.

SPWP ANNOUNCEMENTS

SCHOLARSHIP COMMITTEE UPDATES

We have received over 70 applications, a slight increase from last year. The grading materials are currently being compiled. If you would like to be a grader please reach out to the committee co-chairs.

CASINO COMMITTEE UPDATES

The casino committee is working hard to finalize the venue for the 33rd Annual Derricks & Dice event. A Save the Date with all the details will be distributed to members soon. For more information, contact: Casino@spwp.org.

AADE GOLF TOURNAMENT

8 volunteers are requested to represent SPWP at the AADE Annual Golf Tournament at Blackhorse Golf Club on Monday, April 1st. Please contact Gina.McGinn@BHGE.com to participate.



- February 12 Ludivine Laurent Bureau**
- February 15 Katherine Culbert**
- February 21 Margaret Hare**
- February 26 Samantha Kirton**

Welcome Aboard!



New Member

Name: Maria Lehner
Title: Proposal Development Specialist
Company: DNOW
Sponsored By: Erin Stroud
Committee Interests: Scholarship

SPWP SCOOP

So what is going on with you?



Jerri Babin welcomed new puppy, Charlie, to the family!



Big sister Ali has some exciting news! Mom, Lauren Brooks, is expecting a baby girl in July.



Becky Lamson completed the Aramco Houston Half Marathon ! Her 7th to date.

Gina McGinn celebrated her brother, Officer William Pereira, graduating the Dallas police academy .



Sherry Adams and her neighbor took her Mom to Waco, TX to celebrate her 88th birthday. The rented a house and had a great time at the Silos, Magnolia Table, Spice Village, Homestead Heritage, and a lot more! Lots of shopping! Even got to meet Jimmy Don.



Shea Writing and Training Solutions, Inc. will be participating in the 31st Annual Pipeline Pigging and Integrity Management (PPIM) Exhibition again this month, February 19-21 at the George R. Brown Convention Center. They have free passes to the exhibition for anyone in the pipeline industry. Please contact Evalyn M. Shea if you would like an exhibition pass.

Rhonda Bean has joined AmCorCo Corporation as a Business Development Director. AmCorCo solves oil, gasoline and bio-hazard spills using a 100% biodegradable plant product called Amcor Sorbe that meets or exceeds EPA and Coast Guard requirements and is USDA certified.

SCHOLARSHIP UPDATE

An update from one of our 2016 Scholarship Recipients...

Hello!

My name is Angela Kelley and I am a junior at Texas A&M University. I am studying Chemical Engineering and working on a Safety Engineering Certificate.

I have been involved in the Women's Club Water Polo team over the past 3 years. I had the opportunity to play with the team at Penn State competing in the 2017 Nationals and had a blast!

My freshmen year of college I became involved in a freshmen leadership organization for engineers (Freshmen Reaching Excellence in Engineering, or FREE) and loved it! It is a group of 70 freshmen, 14 counselors and 3 executives and we participate and host service, professional, athletic, and social events. Last year I served as the Advancement Counselor, which is the head of the professional side of the organization, and I planned various speaker meetings and plant trips. A couple of the plant trips we went on included a trip to ExxonMobil's headquarters in the Woodlands along with the Saint Arnold's Brewery in Houston. This year I am serving as one of the executives in the organization and I have enjoyed having the opportunity to continue to be involved for my third year in college.

A few of my highlights include ski trips, leading and being involved in bible studies and having the opportunity to meet so many amazing people. The past two summers I have taken a few classes and worked at Camp Blessing, TX which is a camp for kids and adults with special needs.

I have so enjoyed my college experience thus far and am looking forward to what the next year holds! I am incredibly grateful for being a recipient of this scholarship in 2016 and appreciate everyone that has been involved in SPWP. I hope y'all have an amazing year!



CAREER CORNER

Your Guide to Winning @Work: Decoding the Sunday Scaries

You know the feeling. It's Sunday and the start of the work week is only a few hours away. For many, it's time for a new chance to chase your goals, but for some of you, worries about the week ahead are making their way front and center. It's called... the Sunday Scaries. If this sounds familiar, you're in good company. According to new LinkedIn research, 80% of professionals experience the Sunday Scaries, with over 90% of Millennials and Generation Z reporting they feel it.

So what causes the Sunday Scaries? Professionals responded that worrying about your workload (60%), balancing your Professional and personal to-do's (44%) and thinking about the tasks you didn't finish last week (39%) are the top causes. More than 1 in 3 professionals feel the Sunday Scaries each week, but you don't have to - and we have tips to help tune them out and make the most of the week ahead:

Remind yourself what you're in it for

Sunday is a good time to take a step back and reflect on all things, including your career. What have you accomplished recently that you're proud of? What's something you learned last week that will help you grow? And where do you want this journey to take you? What inspires and motivates you? What are you in it for? Give yourself some space to be proud of your accomplishments and look at your journey to success with perspective so you stop sweating the smaller tasks and keep dreaming big.

Start a conversation

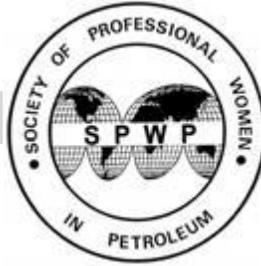
Now that you know the Sunday Scaries are common, turn to your professional organization or community on LinkedIn for help. Share a post or video with tips on what helps you conquer the Sunday Scaries and ask for advice from others as well - there's no right or wrong answer. Make sure to call out who has helped you along your journey to find success and encourage your community to do so as well.

Shift your scaries to actions

As soon as the typical Sunday thoughts start playing in your head, it might be time to grab a pen and paper. Whether it's unfinished work you completely forgot about, or a to do list of tomorrow's priorities, jotting down even the littlest reminders can help you focus on the here and now. Spend some time thinking through what is a priority and start there. As a bonus, it'll give you an action plan to hit the ground running on Monday.

Many professionals experience the Sunday Scaries and it's safe to say you're not alone. Remember, whatever you're in it for, we're in it together. #inittogether

This information has been adapted from an article by Blair Decembrele which can be found at <https://blog.linkedin.com/2018/september/28/your-guide-to-winning-work-decoding-the-sunday-scaries>



The **Society of Professional Women in Petroleum** was formed in early 1981 to support professional career women in the Petroleum Industry through networking, education and the distribution of technology and information. SPWP is incorporated as a non-profit organization.

All aspects of drilling and production operations are covered through topical monthly breakfast meetings and industry speakers and we constantly seek to further expand the knowledge of our members. We also feature professional development speakers and hold roundtable discussions on a rotating basis.

SPWP's membership consists of women who have active careers in the Oil & Gas Industry in fields including Engineering, Geology, Sales, Research, Finance, Law, Quality Assurance, Purchasing, Advertising and Marketing.

SPWP is dedicated to furthering the careers of women in the Oil & Gas Industry and as part of our mission, we have a merit-based scholarship program that provides financial assistance to female Houston-area high school seniors entering a Texas college. Our annual fundraisers on behalf of this program are made possible through the tremendous support of companies within the industry, as well as through the tireless dedication of our members.

Mission Statement

Supporting career women in the petroleum industry through technology and information.



March Breakfast Meeting 03/14

April Breakfast Meeting 04/11

BOARD OF DIRECTORS

President

Erin Stroud
DistributionNOW
713.254.8752
erin.borstmayer@gmail.com

First Vice President

Gina McGinn
Baker Hughes, a GE Company
281.734.5930
Gina.McGinn@BHGE.com

Second Vice President

Rhonda Bean
AmCorCo Corporation
713.907.5653
rhondabean93@gmail.com

Treasurer

Mary Petricko
National Oilwell Varco
832.596.4198
finance@spwp.org

Secretary

Suzette Olivan
NEORig
713.430.6984
Suzette.Olivan@Neo-rig.com

Member at Large

Suzanne Short
Edward Jones
281.777.5544
suzannecshort@yahoo.com

Social and Development Director

Becky Lamson
DHL
281.704.5871
Blamson05@yahoo.com

COMMITTEES & CHAIRS

Scholarship Committee

Co-Chair – Lauren Jijina Lauren.Jijina@gmail.com
Co-Chair – Kara Ellis Karawebbellis@gmail.com

Golf Committee

Co-Chair – Reneé Brown Renee.brown@battcables.us
Co-Chair – Sherry Adams Sadams@wabtec.com

Casino Committee

Chair – Reneé Brown Renee.brown@battcables.us

By-Laws Committee

Chair – Lauren Brooks Lauren.Brooks@nov.com
Co-Chair – Jerri Babin Jerri.Babin@nov.com

**Please forward newsletter updates,
comments, or questions to Gina McGinn at
Gina.McGinn@BHGE.com**