



# SPWP News



This month's meeting will be held July 13th, 2017 at the Norris Conference Center, beginning at 7:30 a.m.

Please respond to the PunchBowl Invite letting us know if you will be joining us or not. Regrets and RSVPs should be sent to Kadie Rose via email or the PunchBowl Invite. If you do not RSVP, we may not have the space to accommodate you. If you RSVP yes and do not attend, you will be charged the cost of the breakfast.

Reservations can be made by credit card (MasterCard, Visa or American Express) at the breakfast meeting or via PayPal on our Web site: [www.spwp.org](http://www.spwp.org).

Please remember to turn cell phones off or to silent during meetings.



## PRESIDENT'S NOTE

Hello SPWP Ladies,

The 4th of July has come and gone and we are officially halfway through 2017. Can you believe it?

This year has been another challenge for the energy industry. In order to be instrumental in helping our membership and future membership, we are going to suspend SPWP's fundraisers for a year. There will be no Golf Tournament for 2017 and no Derricks & Dice for 2018. We are confident our sponsors and supporters will understand, and even appreciate it.

As many of you know, the board has decided to focus efforts and resources on the reason SPWP was created back in 1981: **to support professional career women in the Petroleum Industry, through networking, education, and the distribution of technology and information.** We will have several new and exciting initiatives planned to do just this.

I want to assure you all that we will continue to award our annual scholarships to deserving young ladies.

Speaking of SPWP scholarships, please join us for this month's breakfast on July 13th and meet our 2017 scholarship recipients. There were a total of 11 winners and we look forward to learning more from those able to attend. This is a perfect opportunity to see firsthand who has benefited from all your hard work and efforts.

Remember to "Like" and "Share" us on Facebook at Society of Professional Women in Petroleum, Houston.

Sincerely,

Sylvia Garcia

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# JUNE MINUTES

President Sylvia Garcia called the meeting to order at 7:35 am on Thursday, June 08, 2017 at Norris Conference Center. Sylvia welcomed all SPWP members and guests and then introduced the 2017 board members.

Sylvia asked for a motion to approve the May minutes as written in the newsletter. Evalyn Shea approved and Sherry Adams seconded. No one opposed, so the minutes were approved as written.

Lauren Brooks explained the FHPW Women of Excellence award. Kelsey Hulett and Jerri Babin presented the Woman of Excellence award to Sylvia Garcia.

## Committee Updates:

- Sylvia announced the third quarter social/volunteer gathering at Krause on September 30th. We will decorate cookies with the girls and further details will be provided later.

Sylvia announced that 2nd VP and Secretary board positions will be opening for 2018. She asked for the members to express interests if they may be interested in running on the board for 2018. Furthermore, she expressed that people can shadow the current board members in those positions.

2nd VP, Kayla, introduced guest speaker, Vidya Jeyachandrabose. Vidya spoke about Cyber Security. Following her presentation and questions, Kayla presented a speaker gift for Vidya.

Kadie recognized Michelle Vincent as the Featured Member of the Month for June. Kadie also recognized the Scholarship committee as volunteers for the month.

## Sylvia made the following announcements:

- June birthdays were recognized
- Sylvia asked for our guests to introduce themselves. We had 4 guests.

Sylvia opened the floor for any announcements, but there were not any.

Sylvia adjourned the meeting at 8:29 am.

Respectfully submitted,

Kadie Rose (standing in for Renee Brown)

H A P P Y  
*Birthday*



**July 14**

**Jacqueline Camacho**

**July 17**

**Kelsey Hulett**

**July 22**

**Ashleigh Williams**

**July 24**

**Maria French**



# JULY FEATURED MEMBER

## Lataunga Spann

My name is Lataunga Spann, I was born and raised in a small town west of Houston (Weimar, TX). I am the youngest of 6 siblings and I am a twin (brother). I moved to Houston to pursue my career. I graduated from the University of Houston Downtown and studied Business with a Minor in Criminal Justice. I love to spend time with family and friends. My passion is designing and being creative in different things, such as painting, creating unique designs, and I like to decorate using bright colors. I have planned a few events such as family reunions, baby showers, and even weddings. I enjoy the outdoors of Mother Nature and fishing. In my free time I love planting bright flowers and working in my garden. I also love to travel to different places and I adore my trips to the beach. I currently work for NOV as a Contract Coordinator. I have been with the company quite some time in different positions. Although I've been with the company for a while, I really enjoy the challenges and the opportunity it has given me to grow and show my ability and skills throughout the years. I've been a member of SPWP for the last four years. I have been involved with the casino and scholarship committees. I truly appreciate being selected as the featured member of July.



At the NOV Fishing Tournament



Above and Below: 2017 Family Reunion



# SPWP SCOOP

So what is going on with you?



Katherine Culbert served as the Maid of Honor at her best friend's wedding in New Hampshire over the last weekend of June. Above is a picture of her with the happy couple. Congratulations!

Newlyweds Rhonda Warren and Jeff Bean honeymooned in Lake Louise, Canada from June 19th to 25th. Memorable experiences included hiking, canoeing, visiting the hot springs, and multiple animal sightings: a brown bear, big horn sheep, mountain goats, and 5 grizzly bears!



On Saturday, June 10th SPWP held its 2nd quarter social event: a day at the beach in Galveston. Members enjoyed sun, sand, great food, and board games. Thank you to Jerri Babin for hosting!



# SCHOLARSHIP UPDATE

## An update from one of our 2016 Scholarship Recipients...

*Hi! I'm Kaleigh Reid and I spent the last year as a freshman at Baylor University. My first year was a mixed bag. I had some fantastic highs and some not so fantastic lows, I met some amazing people and some people that weren't so amazing, I worried too much and I worried not enough – but this year was an overwhelmingly positive experience that I definitely won't soon forget. I entered Baylor as an undecided major (officially) but I had a plan, one that didn't work out just how I expected. I knew coming into college that I wanted to be either a history or a biology major (these are my two great loves that, unfortunately, don't love each other). I enrolled in courses that would allow me to get a feel for both options and much to my parents' dismay, history ended up being the obvious choice. I have since declared my major and am now entering my sophomore year as a history major, a somewhat frightening prospect, even to me. Still, I am planning on taking some STEM related electives and am considering keeping biology as a minor, and who knows, maybe I'll discover a major that unites both of my majors! Outside of school work, I have had some amazing opportunities to be involved in volunteering both on and off campus, and even was able to rush the Baylor Chamber of Commerce! Unfortunately, I wasn't accepted into the organization but I met some amazing people in the process and look forward to rushing again in the fall! Also in the fall, I have been given the amazing opportunity to be a Baylor Welcome Week leader and to serve the class of 2021!*

*This year has been one filled with learning, and not just about what my classes taught me. I have learned to understand what I'm great at and what I should be working on, I have learned that struggling and failing is all part of the process, and that the important thing is to pick myself back up afterwards and forge ahead, I have learned to have faith in myself and to understand my own capabilities, especially in situations such as picking a frightening major. But besides all the self-discovery that I went through in college, I also learned basic life skills like, even though the dining halls do have an unlimited supply of pizza, I should probably only eat two or three slices, and even though I do have three weeks before it's due – I should really start on that ten page paper now.*

*Overall, this year has been fantastic and I am so grateful for everyone that was involved in helping me begin my college journey! Sic 'Em!*

*- Kaleigh Reid*

## ANNOUNCEMENTS

### SOCIETY OF PETROLEUM ENGINEERS ROUGHNECK CAMP

The Society of Petroleum Engineers' Gulf Coast Section is holding a Roughneck Camp (RNC) for young professionals on Thursday, July 20th. More information can be found here: <http://www.spegcs.org/events/3610>

### OHH GOLF TOURNAMENT

Oilfield Helping Hands is holding their 12th Annual Golf Tournament on Monday, August 28th at BlackHorse Golf Club. Visit <http://birdeasepro.com/oilfieldhelpinghands> to register or learn more.

### SAVE THE DATE! UPCOMING SPWP SOCIAL EVENTS

September 30, 2017 Krause Children's Center\*

\*Contact Kadie Rose for details

### SUSAN G. KOMEN RACE FOR THE CURE

The annual run dedicated to breast cancer awareness will be held Saturday October 7th at Sam Houston Park. Kadie Rose is coordinating a team for NOV, open to all employees, family, and friends. Register online at <http://www.komen-houston.org> under the 'NOV' team name or contact Kadie for more details.

# CAREER CORNER

## **“I Hate Change” and 4 More Mindsets that Can Get You Fired**

Change can be hard for many people to accept. We often fear the worst — just consider how many people find it concerning every time Apple changes its charging cord on the iPhone. Yes, it's concerning. But, yet we adapt. Because we have to.

Change, in all areas of life, can be intimidating, and especially at work where our natural tendency is to find a groove. Still, the resistance to change can be dangerous, as all aspects of work are consistently in a state of flux. Aside from “I hate change,” what are the worst, possibly firing-worthy, mindsets to have at work? If any of the following five sound familiar, you may want to reflect and adjust your mindset.

### **1. “I hate change”**

Social science has long demonstrated that it is natural for people to be opposed to change. After all, habits and established routines aren't just comfortable, they're also efficient and reliable. But business growth often necessitates gradual — and sometimes drastic — change. The gap between those two realities explains why a large percentage of change management programs fail. Employees who can overcome the “I hate change” mentality and view evolution as a necessary and even exciting aspect of their careers are much more satisfied. Plus, being willing to work with the change (instead of actively being against it) shows you value teamwork, which is always crucial.

### **2. “It's not my job”**

It is difficult not to react this way when new responsibilities are piled onto you. Unfortunately, this is not a sustainable attitude, with this mindset often referred to as “the four worst words you can say in business”. When a coworker asks for help or your manager wants to add to your role, look for the silver lining: they could have asked anyone to help with the task, and they chose to enlist your expertise above everyone else's. Recognize the opportunity to challenge yourself and deliver a stellar product. Your boss or team will notice — especially if you used to be the one who said, “That's not my job.”

### **3. “No news is good news”**

We live in a reactive world, so no news is not generally good news. However, if you are living by this adage, you are either flying under the radar or not contributing the unique difference you could make to your team. And it's not all about receiving positive feedback either, though it's always nice to hear your work is appreciated. As Deb Bright, author and head of executive coaching firm Bright Enterprises shares, “if you haven't heard any constructive criticism lately, it means you probably aren't learning anything.” Therefore, if you're hearing nothing but crickets, speak up, ask for feedback, and be open to actually listening to it.

### **4. “Just don't rock the boat”**

Conflicting opinions can be hard to navigate, so many people think that the best way to be a team player is to keep criticism to a minimum. But that mentality actively undermines your ability to innovate and produce groundbreaking work. So get out of the rut of groupthink: don't be afraid to contribute to team conversations, even if what you have to say may not be popular. You bring a unique viewpoint that no one else can replicate. Engage in constructive conversations. Ask for feedback. Tensions may arise occasionally, but so may brilliance. And that's when sharing your viewpoints can really take your work from good to great.

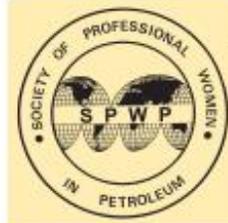
### **5. “When the cat's away, the mice will play”**

The boss is away at a conference. What do you do: put your feet up and relax, or keep working as though nothing is different? When your leader or team is counting on you, don't slack on your performance or standard of work just because no one is monitoring you. Instead, focus on the end-game, your results. Surprise your leader by going above and beyond while they were gone and you'll surely stand out — especially if she expects you to be thinking, “When the cat's away, the mice will play.”

Living in a world where tomorrow guarantees new challenges can make some people anxious. But, in all the years that we've been lucky enough to be at the forefront of change — leading it or witnessing it inside other organizations— one thing is for sure. Not everything changes: the five mindsets listed above have always been bad news. And, they will be forever.

*This information has been adapted from an article by David Sturt and Todd Nordstrom, which can be found at <https://www.forbes.com/sites/davidsturt/2017/04/14/i-hate-change-and-4-more-mindsets-that-can-get-you-fired/#566f20c96368>*

# SCHOLARSHIP WINNERS



Scholarships 2017

Kelly Young - Texas A&M



Thea-Lynn Hayek - UT



Memorial Scholarship Winner

Nikah Islam - Texas A&M



Chelsea Kalkrey - UT Austin



Isabella Marak - Texas A&M



Sarah Neidhardt - Texas A&M



Janelle Oja - UT



Emily Perdue - Texas A&M



Catherine Seelig - Texas A&M



Nicole Torres - Texas A&M



Ryan-Mai Tran - Texas A&M



Total number of young ladies awarded scholarships: **470**

Year/s	Number of Scholarships Awarded	Total Amount Awarded
Up to 1998	157	\$209,100
1999	20	\$30,000
2000	18	\$30,500
2001	19	\$26,000
2002	19	\$30,000
2003	17	\$33,000
2004	17	\$37,500
2005	18	\$47,000
2006	19	\$50,000
2007	19	\$33,000
2008	17	\$55,000
2009	16	\$60,000
2010	16	\$55,500
2011	17	\$64,000
2012	16	\$60,000
2013	15	\$55,100
2014	13	\$55,000
2015	9	\$45,000
2016	17	\$42,000
2017	11	\$30,000

Total amount of \$\$\$ awarded **\$1,047,700.00**

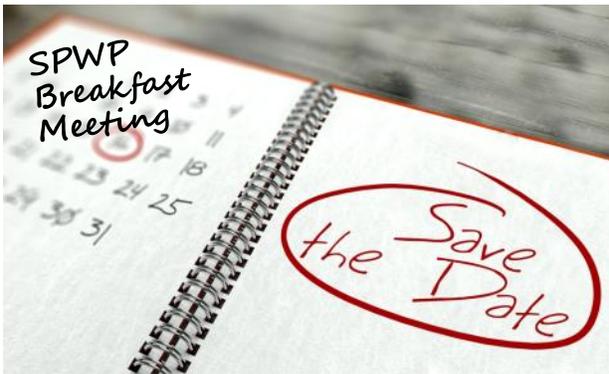
All proceeds raised at SPWP fundraising events are used directly for Scholarships for graduating High School female students attending Texas Colleges or Universities.



Quarterly Event Meeting  
 Norris Conference Center  
 July 24, 2017 5:30 pm to 8:00 pm

To sign up for the FHPW newsletter, send a blank email to: [fhpw-news-subscribe@egroups.com](mailto:fhpw-news-subscribe@egroups.com).

SPWP's Mission statement: Supporting career women in the petroleum industry through technology and information.



**July Breakfast Meeting                    07/13**

**August Breakfast Meeting                08/10**



The **Society of Professional Women in Petroleum** was formed in early 1981 to support professional career women in the Petroleum Industry, through networking, education, and the distribution of technology and information. SPWP is incorporated as a non-profit organization.

All aspects of drilling and production operations are covered through topical monthly breakfast meetings and industry speakers, and we constantly seek to further expand the knowledge of our members. We also feature professional development speakers and hold roundtable discussions on a rotating basis.

SPWP's membership consists of women who have active careers in the Oil & Gas Industry in fields including Engineering, Geology, Sales, Research, Finance, Law, Quality Assurance, Purchasing, Advertising, and Marketing.

SPWP is dedicated to furthering the careers of women in the Oil & Gas Industry and as part of our mission, we have a merit-based scholarship program that provides financial assistance to female Houston-area high school seniors entering a Texas college. Our annual fundraisers on behalf of this program are made possible through the tremendous support of companies within the industry, as well as through the tireless dedication of our members. Our fundraisers to date have included crawfish boils, barbecues, golf tournaments, and casino nights.



## BOARD OF DIRECTORS

### President

Sylvia Garcia  
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### Member Representative

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## COMMITTEES & CHAIRS

### Casino Night Committee

Chair – Mary Petricko [Mary.Petricko@nov.com](mailto:Mary.Petricko@nov.com)  
Co-Chair – Jacqueline Camacho [Jacqueline.Camacho@nov.com](mailto:Jacqueline.Camacho@nov.com)

### Scholarship Committee

Chair – Lauren Jijina [Lauren.Jijina@gmail.com](mailto:Lauren.Jijina@gmail.com)  
Co-chair – Kara Ellis [karawebbellis@gmail.com](mailto:karawebbellis@gmail.com)

### Golf Committee

Co-Chair – Renee Brown [Renee.Brown@summit.com](mailto:Renee.Brown@summit.com)  
Co-Chair – Sherry Adams [sadams@wabtec.com](mailto:sadams@wabtec.com)

### By-Laws Committee

Chair – Lauren Brooks [Lauren.Brooks@nov.com](mailto:Lauren.Brooks@nov.com)  
Co-Chair – Jerri Babin [Jerri.Babin@nov.com](mailto:Jerri.Babin@nov.com)

### Web Site

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comments, or questions to Erin Stroud at  
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