

# SPWP News



This month's meeting will be held June 14th, 2018 at the Norris Conference Center, beginning at 7:30 a.m.

Please respond to the PunchBowl Invite letting us know if you will be joining us or not. Regrets and RSVPs should be sent to Kadie Rose via email or the PunchBowl Invite. If you do not RSVP, we may not have the space to accommodate you. If you RSVP yes and do not attend, you will be charged the cost of the breakfast.

Reservations can be made by credit card (MasterCard, Visa or American Express) at the breakfast meeting or via PayPal on our Web site: [www.spwp.org](http://www.spwp.org).

Please remember to turn cell phones off or to silent during meetings.



**Happy  
Summer!**



## PRESIDENT'S NOTE

Hello Ladies,

Houston's heat is in full force and Memorial Day has come and gone, signaling that summer is upon us. Wishing you all fun and safe vacations to the beach or wherever you enjoy spending your time off. I will definitely be hitting the water for some catch and release fishing.

SPWP's next development activity is a field trip to the Ocean Star Rig and Museum in Galveston on Saturday, June 9th. This event is open to members and their guests. Please ensure that you RSVP to Kayla Honza so that we have an accurate headcount. After the tour, we will grab lunch at a local restaurant.

As you may have noticed, SPWP's board has been working to be more innovative and valuable as an organization to our membership. We will be putting together a cookbook of members' favorite recipes to sell as a fundraiser. In addition, we are working to do a road show to promote SPWP and increase membership. If your company or a client is interested in knowing more about our organization, we have a PowerPoint that can be presented to help increase awareness of SPWP.

Next month's breakfast meeting on July 12th will feature our 2018 scholarship recipients. Mark your calendar and see why we work so hard to raise funds for deserving young ladies heading off to college.

Remember to Like and Share us on Facebook.

Sincerely,  
Sylvia Garcia

## **INSIDE THIS ISSUE:**

MAY MINUTES	2
JUNE BIRTHDAYS	2
FEATURED MEMBER	3
ANNOUNCEMENTS	4

SPWP SCOOP	4
SCHOLARSHIP UPDATE	5
SPWP HISTORY TIDBIT	5
CAREER CORNER	6

MARK YOUR CALENDAR	7
BOARD OF DIRECTORS, COMMITTEES, & CHAIRS	8

# MAY MINUTES

President Sylvia Garcia called the meeting to order at 7:39 am on May 10, 2018 at the Norris Conference Centre. Sylvia welcomed all SPWP members and guests and then introduced the 2018 board members.

Sylvia asked for a motion to approve the April 2018 minutes as written in the newsletter. Kimberly Gonzales approved and Lellany Conaway seconded. No one opposed, so the minutes were approved as written.

2nd Vice President Renee' Brown introduced the guest speaker, Harlan Lampkin of Lampkin Law. Harlan presented on "Creating an Empowered Legacy: 5 Legal Steps Every Woman Should Know". She spoke to her personal experience with Legacy Planning through the passing of her mother and the importance of intentionally leaving a gift, not a burden, to your loved ones when you pass as well as communicating your wishes. The 5 basic legacy planning steps are: Will, Trust, Power of Attorney, Medical Directive, and Parent Peace of Mind Plan. Harlan graciously waived her consultation fee for those attending the breakfast meeting to schedule an appointment with her at her firm to begin planning their legacy.

Member at Large, Kadie Rose, announced the volunteer of the month as the Scholarship Committee for their hard work processing the applications, checking candidates' references, conducting finalist interviews, and ultimately awarding the scholarships to the recipients.

Sylvia reminded members that SPWP is once again partnering with Oilfield Helping Hands in support of their 14th Annual Saltwater Fishing Tournament being held on June 21st - 22nd 2018, in Port O' Connor, Texas to help host and sponsor several children from the Bluebonnet Youth Ranch. During their stay at the tournament we will provide entertainment and meals for the children between ages 5 - 16 years old. Donations are appreciated to help fund this worthy cause and ensure a great time is had by all.

Sylvia asked members to be on the lookout for an email communication from the board regarding a fun fundraising opportunity for SPWP. Sylvia also reminded members to request access to SPWP's GroupMe application, if they do not already have access, as another medium to interact with the organization.

Sylvia opened the floor to guest introductions and announcements. There were two guests in attendance. Renee reminded attendees that the Golf Tournament Committee would be meeting immediately following the breakfast meeting and all are welcome to participate.

Sylvia reminded everyone that our next breakfast meeting is June 14th and to Like and Share us on Facebook (Society of Professional Women in Petroleum, Houston).

The meeting was adjourned at 8:20 am.

Respectfully submitted,  
Gina McGinn



Pearl



**June 22**

**Jerri Babin**



Rose

# JUNE FEATURED MEMBER

## Becky Lamson

1. **How did you get started in the Oil & Gas Industry?** Through shipping and logistics; I started with a freight forwarder that specialized in oil and gas shipping for large projects, mainly to Africa.
2. **Area of Specialty (i.e. Sales, Engineering, Accounting, etc.)?** Sales/transportation
3. **When people come to you for help, what do they usually want help with?** Advice on how to pack certain items, how to clear through customs, and all international shipping advice to make sure their products get to the rigs or sites with as little headache as possible.
4. **Most influential person in your career and why?** My past regional manager Dany. When I first started in my career he said something to me that has stuck with me to this day: "Make the decision and stand behind it. If it's the wrong choice, learn from it and continue on". For some reason, this thought process has allowed me to have the confidence to make decisions without always asking others for approvals.
5. **Best career advice you've received?** To make sure you are recognized for your work. In large companies, to stand out you have to be your own biggest cheerleader. It's not bragging if it's your accomplishment.
6. **Were you born in Houston? If not, what brought you here?** Born and raised in Spring, TX, a suburb of Houston
7. **Favorite place in the world?** Out on the trails of White Oak Bayou. It's my backyard and I enjoy them every day.
8. **Favorite book or movie?** I'm a huge fan of older romantic comedies like Pretty Woman and Dirty Dancing. A book I couldn't put down was the Hunger Games series.
9. **What hobby would you get into if time and money weren't an issue?** World Traveler Blogger
10. **How did you become involved with SPWP?** Through a sweet friend, Gina McGinn. She spoke so highly of the community and at the time I was trying multiple groups and networks. Once I started to go to the meetings I knew it was a group I would love to be a part of.



# SPWP ANNOUNCEMENTS

## DONATIONS NEEDED

Donations and sponsors are needed for Oilfield Helping Hands' 14th Annual Saltwater Fishing Tournament to benefit Bluebonnet Youth Ranch. SPWP is partnering with OHH to put this event on, which will be held June 21st - June 22nd in Port O'Connor, TX. Please contact Sylvia Garcia at [sylvia.garcia@opc-usa.com](mailto:sylvia.garcia@opc-usa.com) for more details.

## SAVE THE DATE!

### UPCOMING SPWP SOCIAL EVENT

SPWP's visit to the Ocean Star Offshore Drilling Rig & Museum in Galveston will take place on June 9th, 2018. Tickets are \$10 per person and families/guests are welcome. Plan to arrive by 10:15 am, as the tour will begin at 10:30 am. Please contact Kayla Honza at [Kayla.Honza@nov.com](mailto:Kayla.Honza@nov.com) if you have questions.

## SPWP COOKBOOK FUNDRAISER

Reminder: SPWP is creating a cookbook as a fundraiser and we need your participation to help make it a success! Please submit your favorite recipes for inclusion in the cookbook to Kadie Rose ([Kadie.Rose@nov.com](mailto:Kadie.Rose@nov.com)) or Kayla Honza ([Kayla.Honza@nov.com](mailto:Kayla.Honza@nov.com)). The deadline for submissions is July 31st.

## EXPERIENCE ENERGY GRIT AWARDS

Pink Petro, in conjunction with sister Experience Energy, will host the Experience Energy Grit Awards on October 3rd. In addition to awards, the event will feature keynote speakers and expert panels. For nominations, ticket purchases, or more details, visit <https://www.thegritawards.com/>. The nomination deadline is June 30th.

## SPWP SCOOP

So what is going on with you?



Mary Petricko, her husband, and her daughter went on their first family road trip/vacation in late May. They spent the whole week in Destin and had an awesome time!



Ludivine Laurent Bureau recently started a new job at NOV Grant Prideco as the Manager of Business Development - Operators. Best of luck in your new role, Ludivine!



Katherine Culbert attended an event with the Northwestern Alumni Club of Houston to hear an outlook for the upcoming football season, where she met the team's new Running Backs coach, Lou Ayeni. She also met Northwestern alums and current Texans players Brian Peters and Ibraheim Campbell.

# SCHOLARSHIP UPDATE

## An update from one of our 2017 Scholarship Recipients...

*Howdy! My name is Xuan-Mai Tran. I am honored that I received a scholarship from SPWP last year. I am currently majoring in engineering with hopes of becoming a biomedical engineer. I have learned a lot of what being an engineering truly means. I have coded and worked on numerous group projects that have helped me create friendships. As an incoming freshman of 2021, I have grown to love Texas A&M. I have been able to grow and truly feel that I am a part of a great school. The classes were difficult, but I am learning more about the material and myself too.*

*I am part of the Society of Women Engineers and the Biomedical Engineer Society. The Society of Women Engineers allows aspiring female engineers to join an organization that truly helps the community and assists undergraduates to grasp their full potential. There are endless workshops and events that guide female engineers into a path that they want to take. The Biomedical Engineering Society gives great opportunities to aspiring biomedical engineers and is a great community to be a part of. I was recently elected to be the Social Co-Chair of the Biomedical Engineering Society. I also plan to be a mentor for the Biomedical Mentorship program to help incoming freshmen. I have made so many new friends and see the endless opportunities that are given here.*

*Before taking summer courses, I was able to go to Orlando to Universal Studios. It was a great experience and I loved every minute of it. I am going to be taking three summer classes to advance myself and am working part-time at the Houston Premium Outlet where I sell watches at Movado.*

*Thank you again for your generosity and support. SPWP is such an amazing organization and there needs to be more like it. I am deeply honored to have received a scholarship. It's great how you are able to allow females like me to further their education. You have motivated me to achieve my goals and dreams. I promise you I will work very hard and hopefully give back to others like you have done for me. Thank you for everything.*

- Xuan-Mai Tran



## SPWP HISTORY TIDBIT

SPWP's first meetings as an organization were held at the Houstonian Hotel. In 1987, meetings moved to the Marriott Hotel on West Loop, and in 1994, to the Medallion Hotel, now the Sheraton Brookhollow. Several more moves followed before ending up our current meeting location, Norris Conference Center.

# CAREER CORNER

## The Importance of Networking (and How to Do It Well)

Face it: Networking can be awkward, time-consuming, and after a long day, far less attractive than your couch. However, networking is an essential part of career advancement. These days, it's not enough to keep your head down and do a great job. It is essential to build relationships, especially with those people you may not otherwise have met, and be vocal about your career goals and interests.

To demonstrate the importance of networking, it is a career goal of mine to sit on a corporate board and a few months ago I was invited to a women corporate directors event by a friend. As I was leaving my office at the end of the day, I felt completely exhausted. However, not wanting to let my friend down, I fought the temptation to drive straight home and instead went to the event.

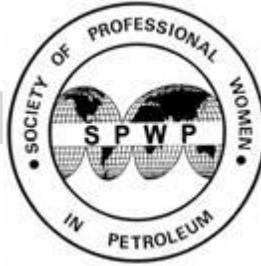
It turned out that my friend had to cancel at the last minute, which meant having to enter a room full of people I did not know. Before walking in, I thought, "This is my chance to make an exit and go home to relax". I again forced myself to be disciplined and stay the course.

Upon entering, I found many groups of two and three women engaged in conversation, but finally spotted someone alone and introduced myself. Over the course of the evening, we got to know each other and she introduced me to several interesting women in attendance whom I have since added to my network of contacts. What a missed opportunity it would have been if I had instead driven straight home from work or let discomfort or fear of not knowing anyone dissuade me from walking in!

This wasn't the first time I've walked into a room without knowing anyone, and I'm sure it won't be the last. Outlined below are some tips to ensure you get the most from your networking:

1. **Be intentional.** Networking should always be approached with an intention beyond just collecting business cards or being seen. Undertake networking as you would your work: Set a personal goal and find a networking opportunity that meets that goal. In the above example, it was as simple as, "I want to learn more about corporate boards".
2. **Have an icebreaker.** It can be intimidating to walk up to a total stranger and start a conversation, no matter how outgoing and confident you are. Therefore, having a line prepared in order to generate conversation is vital. I have found great success with a simple, "What brings you here to this event?". It works every time because it goes straight to the point and builds on your first common interest: the fact that you're both there for a reason!
3. **Be open about your career goals.** Had I not felt at ease speaking about my goals while attending the corporate networking event, it's likely I would never have built upon my network of women leaders. Oftentimes, we don't want to appear pushy or disingenuous so we dance around our intentions while networking. But I encourage you to speak up about your goals.
4. **Follow up.** If you have a great conversation with someone at a networking event and exchange contact details, send him or her a note afterwards commenting on your interaction. Mention something specific you took away from your conversation. If you offered to connect him or her with someone else, follow through. Networking is never over when you leave the event!

*This information has been adapted from an article by Maria Rodale, which can be found at [https://www.huffingtonpost.com/maria-rodale/the-importance-of-network\\_b\\_9039062.html](https://www.huffingtonpost.com/maria-rodale/the-importance-of-network_b_9039062.html)*



The **Society of Professional Women in Petroleum** was formed in early 1981 to support professional career women in the Petroleum Industry, through networking, education, and the distribution of technology and information. SPWP is incorporated as a non-profit organization.

All aspects of drilling and production operations are covered through topical monthly breakfast meetings and industry speakers, and we constantly seek to further expand the knowledge of our members. We also feature professional development speakers and hold roundtable discussions on a rotating basis.

SPWP's membership consists of women who have active careers in the Oil & Gas Industry in fields including Engineering, Geology, Sales, Research, Finance, Law, Quality Assurance, Purchasing, Advertising, and Marketing.

SPWP is dedicated to furthering the careers of women in the Oil & Gas Industry and as part of our mission, we have a merit-based scholarship program that provides financial assistance to female Houston-area high school seniors entering a Texas college. Our annual fundraisers on behalf of this program are made possible through the tremendous support of companies within the industry, as well as through the tireless dedication of our members.

### **Mission Statement**

*Supporting career women in the petroleum industry through technology and information.*



**June Breakfast Meeting      06/14**

**July Breakfast Meeting      07/12**

## BOARD OF DIRECTORS

### President

Sylvia Garcia  
Oilfield Production Consultants (OPC)  
832.851.6935  
[sylvia.garcia@opc-usa.com](mailto:sylvia.garcia@opc-usa.com)

### First Vice President

Erin Stroud  
DistributionNOW  
713.254.8752  
[erin.borstmayer@gmail.com](mailto:erin.borstmayer@gmail.com)

### Second Vice President

Renee Brown  
Batt Cables  
281.682.1522  
[Renee.brown@battcables.us](mailto:Renee.brown@battcables.us)

### Treasurer

Mary Petricko  
National Oilwell Varco  
832.596.4198  
[finance@spwp.org](mailto:finance@spwp.org)

### Secretary

Gina McGinn  
Nabors  
281.734.5930  
[Gina.Mcginn@nabors.com](mailto:Gina.Mcginn@nabors.com)

### Member at Large

Kadie Rose  
National Oilwell Varco  
281.684.4817  
[Kadie.Rose@nov.com](mailto:Kadie.Rose@nov.com)

### Social and Development Director

Kayla Honza  
National Oilwell Varco  
832.953.8899  
[Kayla.Honza@nov.com](mailto:Kayla.Honza@nov.com)

## COMMITTEES & CHAIRS

### Scholarship Committee

Chair – Lauren Jijina [Lauren.Jijina@gmail.com](mailto:Lauren.Jijina@gmail.com)  
Co-chair – Kara Ellis [karawebbellis@gmail.com](mailto:karawebbellis@gmail.com)

### Golf Committee

Co-Chair – Renee Brown [Renee.brown@battcables.us](mailto:Renee.brown@battcables.us)  
Co-Chair – Sherry Adams [sadams@wabtec.com](mailto:sadams@wabtec.com)

### By-Laws Committee

Chair – Lauren Brooks [Lauren.Brooks@nov.com](mailto:Lauren.Brooks@nov.com)  
Co-Chair – Jerri Babin [Jerri.Babin@nov.com](mailto:Jerri.Babin@nov.com)

Please forward newsletter updates,  
comments, or questions to Erin Stroud at  
[erin.borstmayer@gmail.com](mailto:erin.borstmayer@gmail.com)