



SPWP News



This month's meeting will be held November 9th, 2017 at the Norris Conference Center, beginning at 7:30 a.m.

Please respond to the PunchBowl Invite letting us know if you will be joining us or not. Regrets and RSVPs should be sent to Kadie Rose via email or the PunchBowl Invite. If you do not RSVP, we may not have the space to accommodate you. If you RSVP yes and do not attend, you will be charged the cost of the breakfast.

Reservations can be made by credit card (MasterCard, Visa or American Express) at the breakfast meeting or via PayPal on our Web site: www.spwp.org.

Please remember to turn cell phones off or to silent during meetings.



PRESIDENT'S NOTE

Hello SPWP Ladies,

What a year 2017 has been for the Houston area! Of particular note and at opposite ends of the spectrum are Hurricane Harvey and a World Series Championship. The Astros have shown everyone what it means to be #HoustonStrong and they have given our city much needed hope and a reason to celebrate.

Reminding you all that our November breakfast meeting is a members only meeting where we will hold 2018 Board elections and cover SPWP business. Be sure to cast an absentee ballot if you are unable to attend.

Speaking of champs, I'd like to give recognition and thanks to our 2017 Board Members – Erin Stroud, Kayla Honza, Renee Brown, Kadie Rose, and Becky Lamson. These ladies have worked so hard and given their best to champion our organization. Always thinking of ways to make our organization better, we have had big changes this year and more in the works for 2018. I am so proud of this team and their fearlessness to think out of the box. A huge thank you from the bottom of my heart to these amazing and passionate women for all they have done for SPWP in 2017!!

We will be having our next Social outing, Bingo in the Heights, on Thursday, Nov. 9. Please see "Announcements" for details. Join us for fun and a chance to win some extra holiday spending cash!

December's meeting will be our annual holiday party with games and prizes. Don't forget to invite guests to this entertaining event! We need your help to increase membership in SPWP.

SPWP business cards have arrived and will be available at our November meeting. Please pick up a few and help spread the word about SPWP.

Happy Thanksgiving! We all go through good times and not so good times. Just remember there is ALWAYS something to be thankful for – family, friends, health, career, wine, no dieting over the holidays...and so much more. Take the time to treasure what you are thankful for this Thanksgiving.

Remember to "Like" and "Share" us on Facebook at Society of Professional Women in Petroleum, Houston.

Sincerely,
Sylvia Garcia

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OCTOBER MINUTES

First VP Erin Stroud called the meeting to order at 7:35 am on Thursday, October 12th, 2017 at the Norris Conference Center. Erin welcomed all SPWP members and guests and then introduced the 2017 board members.

Erin asked for a motion to approve the September minutes as written in the newsletter. Kim Gonzales approved and Lauren Brooks seconded. No one opposed, so the minutes were approved as written.

Kayla introduced the guest speaker Fermeen Fazal. Fermeen gave a very good presentation on Ethical Choices in the Workplace. Kayla presented Fermeen with a gift from SPWP.

Erin asked that each nominee for the upcoming 2018 board elections make a brief speech to the membership. Erin Stroud, Renee' Brown, Mary Petricko, Gina McGinn, and Kadie Rose all spoke. Erin advised that if anyone else is interested in running for a board position to please contact Sylvia Garcia.

Kadie Rose announced Robyn Riggins as the Featured Member of the Month. Kadie also recognized all of the volunteers that participated at Krause Children's Center on Saturday September 23rd as Volunteers of the Month.

Announcements

- Erin reminded the membership of the upcoming happy hour at BRIO in City Centre on Tuesday October 17th, with appetizers to be provided by SPWP.
- Erin announced a survey would follow the meeting to decide on a charity for SPWP to sponsor for Christmas donations.
- Erin announced the birthdays for October.
- There was 1 guest in attendance.
- Erin opened the floor to announcements: Lauren Jijina announced the scholarship application admission opened on October 15th and asked for anyone interested in volunteering to see either her or Kara Ellis.
- Erin reminded the membership that the next meeting would be on November 9th and would be a member's only meeting.

Erin reminded everyone to Like Us on Facebook (Society of Professional Women in Petroleum, Houston.) The meeting was adjourned at 8:12 am

Respectfully submitted,

Renee Brown



Yellow Topaz

November 6 **Jessica Bradley**
November 15 **Sandra Juarez**
November 16 **Sandra Mourton**
November 22 **Robyn Riggins**
November 23 **Maria Marquez**
November 23 **Kara Ellis**



Chrysanthemum

NOVEMBER FEATURED MEMBER

Maria Marquez

I started my journey in the Oil & Gas industry over 20+ years ago, with a German company based in Houston (Ferrostaal Corp) as an Inside Sales Representative. Eventually through many job descriptions, I moved into the role of Project Manager. A new opportunity then became available to me through my associates within the industry to join a start-up company, Avanti Trading & Technical Engineering as a Project Manager. After a couple of years, this led to a Vice President Position. As my family continued to grow and as I realized the time necessary to maintain this VP position, I opted to move to a less stressful and time consuming position with NOV Distribution as an Account Manager. In 2014, NOV Distribution spun off to become DistributionNOW, where I am presently employed as an Outside Sales Representative for the International Export Group.

I have been married for 15 years to a wonderful and supportive husband and have two grown sons and two beautiful grandbabies. My husband and I love to do gardening, landscaping, and property renovations, and we spend a great deal of time at our property near Austin, Texas.



2018 SPWP BOARD OF DIRECTOR NOMINEES



Our November breakfast meeting is a members only meeting, as we will vote on choosing a board of directors and any other SPWP business. Below are the by-laws for Election of Officers.

Election of Officers

- (a) The nominating committee will be formed on or before the September meeting.
- (b) The nominating committee shall report to the Society at the October meeting their nominations for President, 1st Vice President, 2nd Vice President, Secretary, Treasurer, and Member at Large.
- (c) Candidate for President shall have previous Board experience.
- (d) Elections will be held in November. Election of officers shall be by ballot and a majority of the ballots cast shall elect.
- (e) Ballots will be counted at the November meeting by the nominating committee, excluding any member who is running for office.
- (f) Absentee ballots must be requested in advance of the November meeting and returned prior to the meeting to the nominating committee.

PRESIDENT



Sylvia Garcia

My name is Sylvia Garcia and I am running for SPWP President for 2018. I had the privilege of being your 2017 President and prior to that 1st VP. I have participated actively in SPWP's golf and casino committees. The board has made major changes in light of the continued sluggishness of the energy industry. My goal, along with the great of women on our board, is to continue making SPWP a valuable and worthwhile organization for our members. We genuinely care and want to grow SPWP, while helping young ladies better their future through our scholarships. Please vote for me as your 2018 SPWP President!

FIRST VICE PRESIDENT



Erin Stroud

Hello all! My name is Erin Stroud, and I am running for the position of First Vice President for a second term. I have loved every second of being on the board and lovingly crafting this very newsletter each month. It has given me the opportunity to get to know all of our members, and to learn and care about SPWP on a much deeper level. I have been in the Oil & Gas Industry for 11+ years and have been the Manager of DistributionNOW's Proposals Team for 3 years. I have been a member of SPWP since July 2015, and have served on the Scholarship Committee for 2 years. I love reading the applicant essays each year as they never fail to remind me of the value we serve in our community! I would be honored to be elected to serve as your First Vice President again in 2018.

SECOND VICE PRESIDENT



Renee Brown

For those of you who may not know, I am Renee Brown! With over 15 years of experience in the Oil & Gas industry, I am currently employed with Summit Electric Supply as an Account Manager. I joined SPWP in February 2013 and have enjoyed every moment of it. During my membership, I have volunteered for the casino and golf committees, co-chaired both committees, and chaired the golf committee. Additionally, I volunteer for the IADC and API golf and sporting clay tournaments. Lastly, I have had the opportunity to serve on the SPWP board as Secretary for the last 2 years. I thoroughly enjoy being part of this amazing organization, and I am excited to see what the future holds for SPWP!

TREASURER



Mary Petricko

Hello, my name is Mary Petricko. I have been a member of SPWP since March 2012. I work for National Oilwell Varco, going on 11 years as of the 28th of this month. I am currently, in the Rig Systems division as an Inside Sales representative for Global Accounts. I have a BBA in Accounting from the University of St. Thomas – Houston. I am married, and we have a beautiful 2 year old daughter. In my free time, I enjoy volunteering to give back to the community as much as I can. I feel it's important to set an example for my daughter, and that we need to be active in our community. I have been a member of the Houston Livestock Show and Rodeo for over 8 years, and am currently an Assistant Captain on the Ticket Services Committee – Ground's Division. I am also involved with the United Way campaign at NOV, Chaired this year's SPWP casino event, and am serving as a delegate for SPWP's fellow organization, FHPW. I'm running for the Treasurer, because I want to continue to support this amazing organization.

SECRETARY



Gina McGinn

I am a native Houstonian, raised in the oil industry. I am a graduate of Sam Houston State University and hold a Bachelor of Arts degree in Mass Communications, with an emphasis in print journalism along with a minor in political science. I began my career in 2007 with National Oilwell Varco, where I held positions in supply chain, project management, and information systems. After nearly 10 years with NOV, I have recently accepted a position as a Senior Business Analyst with Nabors Industries. I have been a member of the SPWP since December 2009, and as a scholarship recipient myself, I am passionate about SPWP's mission as well as being an advocate for the energy industry. I am married to my college sweetheart, Steven, and together we have a son, Sam, and dog, Pepper.

MEMBER AT LARGE



Kadie Rose

As most of you know, my name is Kadie Rose and I am currently serving on the SPWP board as the Member at Large. I grew up here in Houston and then attended Texas Tech University from August of 2009 through May of 2013. Shortly after graduating, I started working for Enterprise Rent-A-Car in their Management Trainee program. After 10 months of working long hours, washing cars in suits, and training, I was promoted to Assistant Manager at a branch in Tomball. I was also recognized as one of their Top Female Leaders in the Houston area 3 times over a 9-month period. In November of 2014, I had the opportunity to start my career with National Oilwell Varco. During my employment with NOV, I have assisted with the United Way Campaign and United Way Golf Tournament, and served as NOV's Team Captain for the Susan G. Komen – Race for the Cure in 2016 & 2017.

I joined SPWP in April of 2015 and became actively involved with the Casino & Golf committees in 2015, 2016, and 2017. As previously mentioned, I was nominated, last year to serve on the 2017 SPWP Board as the Member at Large. I would be honored to continue my board position for 2018. I believe that I am an excellent candidate for this position because of my passion for organizing events. This position provides me with the opportunity to get to know our members as well as to grow our organization. Representing SPWP as the Member at Large has exposed me to managing time between work, personal life, and within the organization. I genuinely love being involved in organizations – especially when they have such a powerful and meaningful reason behind them. Thank you, Kadie.

SPWP SCOOP

So what is going on with you?



Gina McGinn resigned from NOV and her last day was Friday, November 3rd. She will be home for a week with her son, Sam, and then start as a Senior Business Analyst with Nabors Industries on Monday November 13th. In this role, she will oversee the deployment and maintenance of the same Microsoft Field Service application that she was the system administrator for with NOV. Congratulations on your new job!

Erin Stroud had a busy October! Towards the end of the month, she traveled to Austin with her husband and parents for the Formula 1 Grand Prix, and then the next weekend, she and her husband visited



Memphis. It was a wonderful long weekend full of barbeque, music, and history, topped off with a visit to Graceland!



ANNOUNCEMENTS

SCHOLARSHIP COMMITTEE

2018 Scholarship Applications are officially open! Please share with anyone who meets the guidelines: Female, graduating from a Houston-area high school, and attending a Texas post-secondary institution. The application deadline is February 1, 2018. For more details, visit: <http://scholarship.spwp.org/>.

SAVE THE DATE!

UPCOMING SPWP SOCIAL EVENTS

November 9, 2017 Bingo Night in the Heights (Q4 Social)

Bingo takes place at the SPJST Lodge at 1435 Beall St, 77008. Games begin at 7pm but plan to arrive early. BYOB and snacks!

PINK PETRO HERWORLD CELEBRATE

Come toast the city of Houston and its resiliency at Pink Petro's new headquarters on Thursday, December 7th from 4pm to 7pm. Meet with career experts, mingle with top energy movers and shakers, and sample bites and beverages. Tickets are \$40. For more information, visit <https://pinkpetro.silkstart.com/events/herworld-convene-celebrating-community>.

CAREER CORNER

Here's a Better (and Less Whiny) Way to Say "That's Not My Job"

Imagine this: You're playing soccer and your team is in the playoffs. With mere minutes left in the game, you've somehow ended up in front of your team's net. An opponent is winding up to shoot and your goalie is out of position, meaning you're the only one standing between the enemy and the goal. Which of the following do you choose to do?

- Prepare to stop the shot, no matter what.
- Shrug and walk away, allowing your opponent a clear shot at the net. After all, you're not the goalie, so it isn't your job to stop the ball.

I'm betting that you would pick the first option (unless you're secretly conspiring with the other team).

Now let's change the scenario slightly: Your co-worker has a time-sensitive report due to a customer by the end of the day, but she doesn't have the time to complete it. In a panic, she asks if you can help finish it up for her. What do you do? Do you find a way to assist, or do you shake your head no and mutter something along the lines of "It's not my job to finish your deliverables"?

Though a trip to the championship game isn't at stake, the integrity of both your co-worker and your company is. As opposed to the first scenario, I'm guessing that in this situation you at least leaned toward the second option.

"*It's not my job*" has become a commonly used phrase in the workplace, and while this attitude may help you avoid doing extra work, it'll probably also prevent you from being promoted since you'll be labeled as someone unwilling to go above and beyond. It could also result in you being labeled as lazy and unaccommodating.

However, just because you shouldn't make regular use of that phrase doesn't mean you should always say yes and automatically pick up the slack for others either. Instead, you should learn how to say yes or no in a way that is beneficial for both parties involved.

Instead of "No, That's Not My Job"

Try: "I'd Like to Help Out, But I Don't Have the Capacity Right Now."

You likely also have a lot on your plate, so taking on someone else's project without a second thought could end up negatively impacting the final product for both of you. After all, it's not actually helpful if you do someone's work poorly for them. You need to be honest with yourself about your workload in order to avoid taking on too much. It'll be worth the time it takes to step back and see what needs to be prioritized before answering. Maybe you do have a lot on your to-do list, but are able to push some tasks back a couple days. If you're having trouble determining what to prioritize ask your supervisor (Think of all the brownie points you'll get in your manager's eyes when you ask how you can best assist a team member!).

And if you don't have the capacity (which is 100% fine), you can still help by pointing your colleague to either another person who may have some free time or to a webinar that can help him learn that skill that's been a road block.

A caveat: You should never lie if you really do have free time. Others will eventually catch on and begin to see you negatively, and will be far less inclined to help out when you come around asking for a similar favor in the future.

Instead of "Yes, Let Me Drop Everything"

Try: "How Can I Help [Within This Time Frame]?"

Great news for your co-worker - you do indeed have time to help out. And you should. Your team member's success ultimately impacts the success of the company and thus, your future. (Plus, you're a nice person, right?)

With that said, you still do have your own work to-do list and you shouldn't toss that aside completely. Instead, by asking how you can help right now or for a few hours at a designated time you're prompting her to give you a specific task - as opposed to say, a 10-minute venting session followed by her telling you that "Whatever you can take would be amazing".

Plus, as Muse writer Jessica Kleiman says, "If you want to be seen as a team player (and someone who cares about his or her own career growth), you need to take on new responsibilities - even if it's not entirely in your wheelhouse. Hey, you may learn a new skill and even find that you enjoy something you never thought you would."

Bottom line: If you find yourself uttering the words "It's not my job" or "It's not my responsibility," you need to stop. It tells people that you're not willing to go above and beyond, and can create a horrible reputation for you. This doesn't mean you should get into situations where

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you're constantly taking on all of your teammates' tasks on top of your own. But, next time a co-worker asks for your help, ask yourself: "Am I going to walk away from my team, or am I going to jump in front of the ball and save the game?"

This information has been adapted from an article by Abby Wolfe, which can be found at <https://www.themuse.com/advice/heres-a-better-and-less-whiny-way-to-say-thats-not-my-job>

SCHOLARSHIP UPDATE

An update from one of our 2016 Scholarship Recipients...

Hello members of the Society of Professional Women in Petroleum,

My name is Madeleine Mallia, a 2016 scholarship recipient and 2016 graduate of O'Connell College Preparatory School. I am now a sophomore in the Honors Program at Baylor University majoring as a University Scholar with concentrations in Psychology and International Studies. As initially planned, I still desire to become a clinical psychologist to treat veterans with PTSD.

This year, as well as my first year, I have lived in the Honors Residential College (HRC) and have loved every second of it. I have never been part of a more faith-filled, supportive, and loving community. I have met some of my closest friends and most impactful mentors in this residence hall and cannot wait to form even more memories here. The HRC has several boards of leadership, one of them being the College Council. This year, I am part of the Social Committee on the HRC's College Council. I help plan fun events throughout the year that create opportunities for our community to gather together.

I am also part of Baylor's American Sign Language (ASL) Club this year. Taking ASL has been a wonderful experience! It has provided me the opportunity to learn so much about Deaf culture, and through the ASL Club, I have been able to immerse myself in it. It is a wonderful feeling being able to break down the language barrier with the Deaf and get to know all of the incredible people in the community.

While getting acclimated to college last year, I did not continue my training in Muay Thai and Brazilian Jiu Jitsu, but this year I was able to begin training again. The martial arts community is yet another empowering community I am able to be involved in. Martial arts is a great stress reliever and a wonderful way to build strength, resilience, and confidence.

Finally, but most importantly, I could not summarize my college experience so far without mentioning my faith. While I have experienced some of my greatest memories in college, I have also experienced some of the toughest times of my life. College is challenging mentally, physically, and emotionally, but it's what has made it so transformative and memorable. Through these trials, I have had the opportunity to grow stronger in my relationship with God and I could not be more thankful for it. I attribute this growth to being surrounded by so many wonderful Christian friends both at Baylor and at my church. I do not know who I would be if I wasn't placed in each of these communities, but I would not have had the opportunity without scholarships like yours. Thank you for all of the time and effort you put into raising the money for your scholarship and thank you for selecting me in 2016.

Blessings,

Madeleine Mallia
Baylor University 2020
Sic'Em Bears!





Quarterly Event Meeting
 Norris Conference Center
 January 22, 2018 5:30 pm to 8:00 pm

To sign up for the FHPW newsletter, send a blank email to: fhpw-news-subscribe@egroups.com.

SPWP’s Mission statement: Supporting career women in the petroleum industry through technology and information.



November Breakfast Meeting 11/09

December Breakfast Meeting 12/14



The **Society of Professional Women in Petroleum** was formed in early 1981 to support professional career women in the Petroleum Industry, through networking, education, and the distribution of technology and information. SPWP is incorporated as a non-profit organization.

All aspects of drilling and production operations are covered through topical monthly breakfast meetings and industry speakers, and we constantly seek to further expand the knowledge of our members. We also feature professional development speakers and hold roundtable discussions on a rotating basis.

SPWP’s membership consists of women who have active careers in the Oil & Gas Industry in fields including Engineering, Geology, Sales, Research, Finance, Law, Quality Assurance, Purchasing, Advertising, and Marketing.

SPWP is dedicated to furthering the careers of women in the Oil & Gas Industry and as part of our mission, we have a merit-based scholarship program that provides financial assistance to female Houston-area high school seniors entering a Texas college. Our annual fundraisers on behalf of this program are made possible through the tremendous support of companies within the industry, as well as through the tireless dedication of our members. Our fundraisers to date have included crawfish boils, barbecues, golf tournaments, and casino nights.



BOARD OF DIRECTORS

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COMMITTEES & CHAIRS

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